



Warren Township  
Recreation Department



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## Adult Chair Yoga

### Relax, Renew, & Rejuvenate

### Winter/Spring 2020 SESSION

### 16 Week Session



***Instructor: Jillian Keller***

**Dates:** Thursdays, January 9 to April 23 (Makeup April 30)  
(Note: dates can change due to cancelations)

**Time:** 11:00 AM - 12:00 PM

**Place:** Warren Township Rescue Squad meeting room (Bardy Rd)

**Cost:** \$50/per session Warren Residents | \$55/per session Out-of-Town

**Registration Opens November 14, 2019 at 9 AM**  
**Deadline to register is January 9, 2020 at 9 AM.**

#### **To Register:**

1. Online registration at <https://register.communitypass.net/warrentwp> log in and select "Year Round Classes 2020"
2. By Mail by completing the Universal Registration Form and mailing a check to Warren Township Recreation (make check out to "Warren Township") 46 Mountain Blvd. Warren, NJ 07059
3. Stop in the office

**REGISTRATION IS REQUIRED FOR EACH 16 WEEK SESSION. NO LATECOMERS OR PEOPLE WITHOUT REGISTRATION WILL BE ALLOWED IN ONCE THE SESSION BEGINS.**

**NO REFUNDS**

Questions contact the office at [recreation@warrennj.org](mailto:recreation@warrennj.org) or 908-753-8000 ext 271