

Watchung Hills Regional Municipal Alliance (MAC)

March 13, 2019 Meeting Minutes

Our email address: whmunicipalalliance@gmail.com

Attendees:

Iris Alston	Judy Carbone	Kathleen Humphrey	Kevin Rice
Anna Baitel	Alicia Carman	Sana Mamtarey	Jack Walsh
Jim Benscoter	Mary Elias	Derek Ressa	Cynthia Webster
Gwen Blake	Lindsay Goodloe		

- I. Call to Order** – Cindy Webster called the meeting to order at 7:40 PM in Room 107 at Watchung Hills Regional HS in Warren.
- II. Introductions** –Everyone introduced themselves. Cindy acknowledged Laura Pesce’s resignation due to family obligations. Per her letter, Laura can be called on, if needed. The committee recalled her many years on the committee and is appreciative of her service. She will be dearly missed. Long Hill members are needed!
- III. Minutes from the February 13, 2019 meeting** were accepted and approved.
- IV. Somerset County MAC Update** (read by Alicia Carman in Jennifer Sorensen’s absence)
- 2018-2019 Updates*
- 3rd Quarter report will be due Wednesday April 10, 2019
 - Monday, March 18, 6:00 PM: NAMI “In Our Own Voices” Presentation. A free 1-hour program led by people in recovery. Approved for 1 CE from the NJ Department of Education. Flyer attached.
 - Save the date: Next Networking Meeting will take place on April 29 at 27 Warren Street. Format TBD.
 - The annual NJPN Conference is taking place on May 10, 2019 in Atlantic City; alliance members can attend for free. If there are any issues with registering, please contact me.
- 2019-2020 Updates*
- Grant applications were all submitted on time and are currently under county and state review.
 - Quarterly meeting with GCADA is coming up on March 28; I will contact the alliance coordinators afterward to inform them of any updates or changes that come up.
- Local Events:*
- Youth MHFA: Saturday 3/16/19 and 3/23/19, 8:30 AM-1:00 PM at Manville High School. Contact manvillemac@gmail.com for more information.
 - The Nico-teen Generation: A Look Inside the Vaping Epidemic. 4/24/19 at 7:00 PM at Bernards Township Municipal Building. Register through kcartoccio@bernards.org
 - Youth MHFA: Thursday 5/16/19, 8:30 AM – 5:00 PM, Bernards Township Library. \$50.00 registration fee. Register through kcartoccio@bernards.org
 - Somerset County 2019 Human Services Conference: 6/5/19 8:30-3:30. Registration info TBA.
- V. Program Reports**
- High School Student Updates
 - TAG – Anna Baitel introduced Mary & Sana, juniors who will be joining us representing TAG next year as seniors.
 - Will try to have an interest meeting to get more people to sign up for LMTI either **8/19-23** or 8/26-30/19. Three girls are interested. One or two chaperones are needed.
- VI. New Business**
- Advertisements
 - (Cindy Webster/Judy Carbone) – add a link w/snippet of videos related to substance use prevention on online flyers.

- Facebook (Kathleen Humphrey) – Kathy will post advertisements. More administrators were added, so they will have access to do the same.
- Parent Communications/Flyers- Put on Facebook, in town news, and Warrior Weekly
- Information Tables & Attendance at events-Alicia will be ordering materials. Jack & Judy already have some. Volunteers will be needed to be at the tables.
 - Green Brook – Lindsay Goodloe will man the alliance table at their Memorial Day Festival, Harvest Festival in October and Turkey Trot
- Surveys-Gwen & Kevin will create a generic flyer to be used at our events
- Semantics (Kevin Rice) – “SEMANTICS Student Success Programs examines universal college lessons to introduce students to the nuances of college life, provide students with strategies for navigating through those experiences (and thus facilitating their social, emotional, and psychological development), and help students make college matter.” One of the teachers wanted to have this program presented to senior high school students on April 7th. Cost is approx. \$2500. Actual cost is needed and will be sent to board via email.

VII. Old Business & Programs

Program ideas for 2018-19 grant year – To be discussed

- D.A.R.E. – Warren (Alicia Carman) – Waiting for a response
- Showing of the movie “Beautiful Boy” (Gwen Blake)

Program ideas for 2018-19 grant year – To be planned

- Narcan Training – Carolyn will try to plan for May, possibly during our meeting time
- Mental Health First Aid – Target population-Youth & Seniors (Cindy Webster)
- Presentations during Municipal Alliance meetings
 - Pat Aussem of Family Support and Recovery Group (Jack Walsh)
 - The Society for the Prevention of Teen Suicide (Jack Walsh) – Plan for April mtg
- 15 Min. Child Break - Judy Carbone is waiting to hear back from the Principal at Central School in Long Hill.

Program ideas for 2018-19 grant year – Voted on

- Timothy Shoemaker– Hiding in Plain Site on April 2nd at 7pm (Jill Gleeson) – This is a collaboration with the PTO. Cost \$0 – motion accepted and approved by all present. Cindy will be at the table.
- Showing of the movie “Angst” to WHRHS students during the week and to parents on April 30th at 7pm (Kevin Rice) – This is a collaboration with the PTO. Cost \$1100 – motion accepted and approved by all present. Kathleen will be at the info table.
- D.A.R.E. – Long Hill Graduation outing on June 13th (Judy Carbone) Cost \$1999.08 – motion accepted and approved by all present

Planned programs

- ✓ D.A.R.E.-Green Brook – 1/9/19 – 6/19/19 – Alicia explained that last year’s bill was not paid but is being processed. As soon as the vendor receives a copy of the check (on or about 3/15/19) they will process the next order. The materials will be received by 3/31/19.
- ✓ 2019 Great Pumpkin Certified 5K Run/Walk –November 2, 2019 at Mobus Park

Program ideas for 2019-20 grant year – To be discussed at a later date

- “Speakers for Change” (Kevin Rice) – Fall date
- Marianne Angelillo presentation (Cindy Webster)

VIII. Next Meeting - Wednesday, April 10, 2019 at 7:30 PM in Room 107 at Watchung Hills Regional High School located at 108 Stirling Rd., Warren, NJ

The meeting was adjourned at 8:36 PM