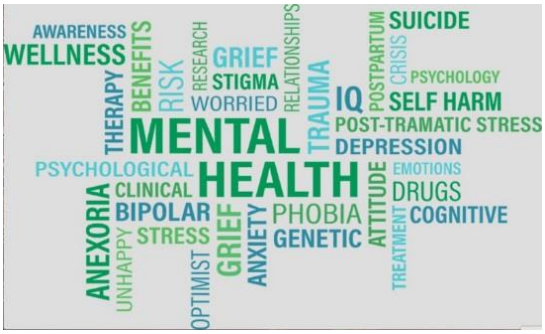
Watchung Hills Regional Municipal Alliance (MAC)
AGENDA for May 8, 2019
It's National Mental Health Awareness Month



I. Call to Order

II. Introductions

III. Approval of the April 10, 2019 meeting minutes

IV. Somerset County MAC Update (Jennifer Sorensen)
Morris County MAC Update (Heather Rose)

V. New Business & Program Introduction
Address Change/Voicemail #
Special Meeting June 5, 2019 at 6pm
Make Substance Use Education bags

VI. Program Reports
- High School Student Updates
  - TAG/Challenge Day Club
- Angst – April 30, 2019

VII. Old Business & Programs

Program ideas for 2018-19 grant year – To be planned
- Mental Health First Aid – Target population-Youth & Seniors
- Lindsey Meyer Teen Institute (Gwen Blake/Kevin Rice)
- D.A.R.E. – Warren (Kevin Gallagher)

Program ideas for 2018-19 grant year – To be voted on
- June 3rd @ 6pm Marianne Angelillo "Sharing My Stones" presentation at WHRHS - $600
- Lion's Expo – June 12-15, 2019 Tent Sponsor - $500
- Project Graduation

Planned programs for 2018-19 grant year
- ✓ D.A.R.E.-Green Brook – 1/9/19 – 6/19/19
- ✓ D.A.R.E. – Long Hill Graduation outing on June 13th (Judy Carbone)
- ✓ Purchased 75 copies of "Sharing My Stones" book - $18/bk (not $20/bk) – Project Grad.
- ✓ Sponsorship at Watchung's Community Picnic (Lindsay Goodloe) – May 18th

Planned programs for 2019-20 grant year
- 2019 Great Pumpkin Certified 5K Run/Walk –November 2, 2019 at Mobus Park

Program ideas for 2019-20 grant year – To be discussed at a later date
- "Speakers for Change" (Kevin Rice) – Fall date
- Minding Your Mind – WHRHS & Consent 101 – WHRHS
- High School Nation – September
- Training or Presentations during Municipal Alliance meetings
  - The Society for the Prevention of Teen Suicide (Jack Walsh)
  - Narcan training through Rutgers

VIII. Adjournment

The mission of the Watchung Hills Municipal Alliance is to identify and address the social and health needs of our community by empowering communities to combat substance abuse and its related problems at home, schools and work with proven, practical resources, prevention and education. We strive to empower communities to implement programs and activities that foster positive communication, strong families, and substance abuse free lives.