

# CREATE YOUR Family's Hurricane Preparedness Plan

Planning ahead can help you feel better prepared for the hurricane season.  
Get your family prepared in three key steps:



## 1 BUILD A KIT

Consider your family-specific needs to ensure you have at least 10 days of supplies.

- Store a gallon of water per person per day. In case your supply runs out, pre-identify safe sources of water, use water filters or boil water.
- Gather a 10-day supply of non-perishable foods for each person. Pay particular attention to individuals with special diets and allergies, babies, toddlers and the elderly. Nursing mothers may need liquid formula.
- Canned dietetic foods, juices and soups may be helpful for ill or elderly people.
- Have hand sanitizer, antibiotic ointment, hygienic products, diapers and wipes for children and older adults.
- Get food, water and a collar with identification tags for your pet.
- Have at hand a favorite toy, books and coloring book and crayons for the children.

## 2 MAKE A FAMILY PLAN

Identify alternate ways to stay in touch with loved ones.

- Choose an out of town friend or relative as a point of contact.
- Decide on a meeting place in case you cannot return home.
- Keep important documents and phone numbers with you at all times.
- Include children in preparedness conversations and make sure they have emergency contacts memorized or saved in a secure place.
- Identify the closest shelter in case you are ordered to leave your home, and let your family know its location.



## 3 STAY INFORMED

Listen for up-to-date information before, during and after a disaster.

- Local media will provide evacuation details and shelter locations.
- Make sure your battery-powered radio is working and you have extra batteries.
- Download the FEMA App to receive severe weather alerts, safety tips and much more.



If you or someone in your family is experiencing issues with disaster-related stress, call Línea PAS at **800-981-0023**, TTY **888-672-7622**.

For more information on hurricane season preparedness and Puerto Rico's recovery from Hurricane Maria, visit [fema.gov/disaster/4339](https://www.fema.gov/disaster/4339).



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