



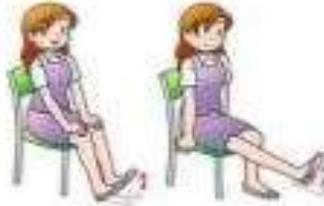
Warren Township
Recreation Commission



908-753-8000 ext 270

recreation@warrennj.org

Relax, Renew, & Rejuvenate - Adult Seated Yoga



Jillian is back to help you de-stress and unwind this morning with a session of chair/seated yoga.

Registration required

Date: Starting Jan.5, 2017 for 8 weeks
Time: 11:00 AM - 12:00 PM
Place: Warren Library Meeting Room 1
Cost: \$25 an 8 week session

Register with Warren Township Recreation for January classes starting December 1, 2016 at 10:30am

1. By Online registration
www.warrennj.org/recreation
go to 'REGISTER" and create a family account

2. By Mail
To: Recreation (3rd fl)
46 Mountain Blvd. Warren, NJ 07059

3. Stop in the office

REGISTRATION IS REQUIRED FOR EACH 8 WEEK SESSION. NO LATECOMERS OR PEOPLE WITHOUT REGISTRATION WILL BE ALLOWED IN ONCE THE SESSION BEGINS.